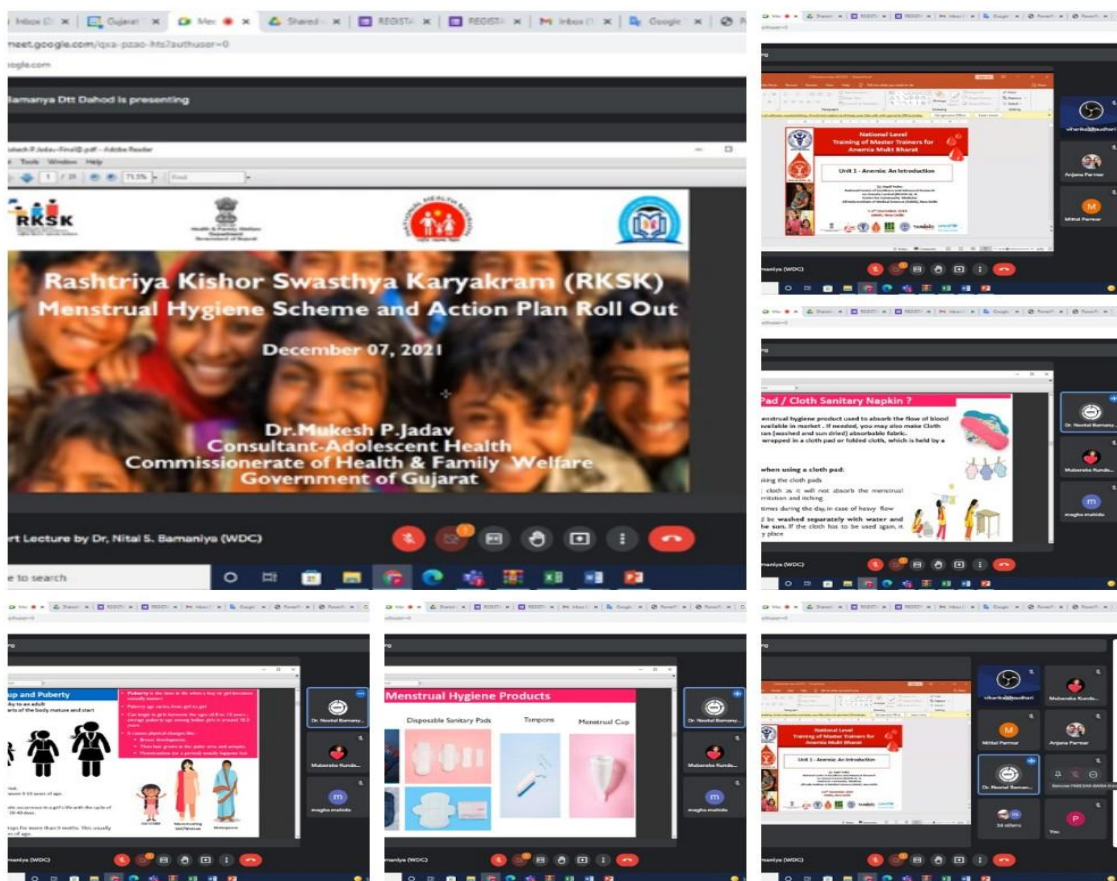


## Report on “Anemia free India and menstrual hygiene”



An online expert lecture was arranged at Government Engineering College, Dahod on 22/02/2022. It was organized by Women Development Cell, Government Engineering College, Dahod. We invited Dr. Nital S. Bhamaniya madam who is Senior Medical Officer (SMO) at District Training Team, Dahod. She has explained how to maintain menstrual hygiene by showing pictures and videos along with her powerful speech. She also focused on anemia. Study about Dahod for sickle cell reported that total 1524 of tribal population was screened for sickle cell anemia by HPLC; 11% of tribal population was found to be affected from sickle cell trait & 0.5% of were suffering from sickle cell disease. Many students studying at our college are from Dahod and its surrounding area so we organize this event to make them aware about it and for some remedies to minimize the issue. She suggested health diet and proper healthy food habits to students for overcoming such issues. She also shared information regarding getting free medication for anemia and sickle cell through various available government schemes. All the women faculties were present in this online lecture. More than 40 students took part in it and get benefit of her knowledge.